

Date	Content	Instagram copy	Instagram hashtags	Facebook copy	Scheduled?
Sun, Jan 1	Graphic	COMING FEBRUARY 2023: Suda's Lebanese Cuisine, opening in Lincoln Park 2/1/2023	#sudaslebanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	COMING FEBRUARY 2023: Suda's Lebanese Cuisine, opening in Lincoln Park 2/1/2023	No
Wed, Jan 4	Photo of Lebanon	From Beirut to Lincoln Park, Suda's Lebanese Cuisine is proud to bring an authentic taste of Lebanon to Chicago beginning February 1st	#sudaslebanese #lebanesecuisine #lebanon #beirut #lincolnpark #lincolnparkchicago #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanonrestaurant	From Beirut to Lincoln Park, Suda's Lebanese Cuisine is proud to bring an authentic taste of Lebanon to Chicago beginning February 1st	Yes
Sat, Jan 7	Graphic of (part of) menu	Catch a sneak peak of Suda's menu before we open on February 1st. Which of our authentic Lebanese dishes are you most looking forward to?	#sudaslebanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	Catch a sneak peak of Suda's menu before we open on February 1st. Which of our authentic Lebanese dishes are you most looking forward to?	No
Wed, Jan 11	Rina solo photo + Rina and Souad photo	As a proud woman-owned business, we would like to introduce our owner and creator, Rina Timatyos! Our name, "Suda's", is lovingly named after Rina's mother Souad. On behalf of Rina and the whole Suda's team, we look forward to opening our restaurant doors in February!	#sudaslebanese #womanownedbusiness #familyownedbusiness #shoplocalchicago #shopsmallchicago #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	As a proud woman-owned business, we would like to introduce our owner and creator, Rina Timatyos! Our name, "Suda's", is lovingly named after Rina's mother Souad. On behalf of Rina and the whole Suda's team, we look forward to opening our restaurant doors in February!	Yes
Wed, Jan 18	Hummus photo	Suda's house-made Hommus is our authentic take on a classic Mediterranean dip, complete with sesame, lemon juice, and olive oil drizzle. Come try it for yourself at Suda's Lebanese Cuisine, opening Feb 1st!	#sudaslebanese #lebanesecuisine #hommus #hummus #hommous #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	Suda's house-made Hommus is our authentic take on a classic Mediterranean dip, complete with sesame, lemon juice, and olive oil drizzle. Come try it for yourself at Suda's Lebanese Cuisine, opening Feb 1st!	Yes
Wed, Jan 25	Graphic	Suda's grand opening is only one week away! We can't wait to welcome you to our restaurant and serve up our authentic Lebanese cuisine	#sudaslebanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	Suda's grand opening is only one week away! We can't wait to welcome you to our restaurant and serve up our authentic Lebanese cuisine	No
Sat, Jan 28	Photo of Lebanon	While Beirut may be thousands of miles away, you can get a taste of Lebanon right here in Chicago at Suda's Lebanese Cuisine, located at 1524 W Fullerton Ave, beginning Feb 1	#sudaslebanese #lebanesecuisine #lebanon #beirut #lincolnpark #lincolnparkchicago #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanonrestaurant	While Beirut may be thousands of miles away, you can get a taste of Lebanon right here in Chicago at Suda's Lebanese Cuisine, located at 1524 W Fullerton Ave, beginning Feb 1	Yes
Wed, Feb 1	Grand opening / ribbon cutting photo (from Rina or Lincoln Park Chamber of Commerce)	Today is the day! Suda's Lebanese Cuisine has officially opened its doors at 1251 W Fullerton Ave. Come by to enjoy an authentic Lebanese meal in our elevated, homestyle space.	#sudaslebanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	Today is the day! Suda's Lebanese Cuisine has officially opened its doors at 1251 W Fullerton Ave. Come by to enjoy an authentic Lebanese meal in our elevated, homestyle space.	No
Tue, Feb 7	Photo of Hot Mezze dishes	Warm up on a cold Chicago day with Suda's hot mezze dishes, from classic Falafel to Makanek (Lebanese sausage) to Arnibit (roasted cauliflower), and more. Enjoy as an appetizer, or share with friends!	#sudaslebanese #lebanesecuisine #falafel #mezze #makanek #arnibit #appetizer #mezzeplatter #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	Warm up on a cold Chicago day with Suda's hot mezze dishes, from classic Falafel to Makanek (Lebanese sausage) to Arnibit (roasted cauliflower), and more. Enjoy as an appetizer, or share with friends!	Yes
Wed, Feb 15	Vegetarian dish photo	Did you know you can find a variety of both meat and plant-based dishes at Suda's? Whether you're a meat lover or a vegetarian, we're sure you'll find a meal to enjoy at Suda's Lebanese Cuisine.	#sudaslebanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood #chicagovegan	Did you know you can find a variety of both meat and plant-based dishes at Suda's? Whether you're a meat lover or a vegetarian, we're sure you'll find a meal to enjoy at Suda's.	Yes
Thu, Feb 23	Photo of Lebanon (sunny/beach)	On this chilly Chicago day, let Suda's transport you to the sunny Mediterranean with our authentic Lebanese cuisine.	#sudaslebanese #lebanesecuisine #lebanon #beirut #lincolnpark #lincolnparkchicago #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanonrestaurant	On this chilly Chicago day, let Suda's transport you to the sunny Mediterranean with our authentic Lebanese cuisine.	Yes

Wed, Mar 1	Knafeh photo 1 + knafeh photo 2	Knafeh is a traditional Middle Eastern spun pastry layered with mouth-watering cheese, sweetened with syrup, and topped with ground pistachio. Our house-made Knafeh makes the perfect dessert after a meal at Suda's!	#sudasleybanese #knafeh #lebanesedessert #dessertgram #dessertlovers #middleeasterndessert #chicagodesserts #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood	Knafeh is a traditional Middle Eastern spun pastry layered with mouth-watering cheese, sweetened with syrup, and topped with ground pistachio. Our house-made Knafeh makes the perfect dessert after a meal at Suda's!	Yes
Tue, Mar 7	Photo of spices	The Lebanese 7-spice blend, also known as baharat, is a staple in Lebanese cuisine that provides our authentic dishes with its distinctive, aromatic flavor. Come get a taste for yourself at Suda's!	#sudasleybanese #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	The Lebanese 7-spice blend, also known as baharat, is a staple in Lebanese cuisine that provides our authentic dishes with its distinctive, aromatic flavor. Come get a taste for yourself at Suda's!	No
Wed, Mar 15	Skewers photo + Rina's grandpa(?) cooking skewers photo	In the mood for skewers? Suda's is grilling up a mouth-watering menu of Lebanese skewers to choose from: beef, lamb, kefta, chicken, or fish. If you can't decide on just one, order the Mixed Grill for an assortment of each! Swipe for a photo of our inspiration- [Grandpa's name] on the grill back home in Lebanon	#sudasleybanese #chickenskewers #beefskewers #lambskewers #kefta #kebab #lebanesecuisine #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	In the mood for skewers? Suda's is grilling up a mouth-watering menu of Lebanese skewers to choose from: beef, lamb, kefta, chicken, or fish. If you can't decide on just one, order the Mixed Grill for an assortment of each! Swipe for a photo of our inspiration- [Grandpa's name] on the grill back home in Lebanon	No
Thu, Mar 23	Rina's poppy hummus photo	The only thing that can make Suda's house-made Hommos better is a beautiful poppy gracing the middle	#sudasleybanese #lebanesecuisine #hummus #hummus #hommous #lebaneserestaurant #lincolnpark #chicagofoodie #chicagofoodscene #chicagorestaurants #lebanesefood #middleeasternfood #mediterraneanfood	The only thing that can make Suda's house-made Hommos better is a beautiful poppy gracing the middle	No
Wed, Mar 29					No
Wed, Apr 5					No
Wed, Apr 12					No
Wed, Apr 19					No
Wed, Apr 26					No